

- RN, Nursing Specialist
- Nurse Supervisor in the Dep. of Quality and Risk Management, at Centro Hospitalar e Universitário do Porto
- Freelance professional speaker in the field of Perioperative management, Lean thinking, Continuous improvement
- Experience in team management for complex tasks.
- Representing Portuguese Operating Room Nurse Association (AESOP) since 2006, contributing to an in-depth reflection on the development of specialized perioperative nursing knowledge in Europe.