



On December 12th a Webinar was held on the topic of perioperative normothermia, to understand why international guidelines have not been fulfilled, and because we know that Inadvertent perioperative hypothermia remains a neglected problem that is present in many patients undergoing surgery.

The Webinar topics were:

- "Challenges in implementing a perioperative normothermia strategy, from theory to practice." *Miguel Miró Murillo*
- *How hard can it be? The expert's experience - Esmeralda Nunes*

What we retain for daily practice?

- Temperature monitoring, maintenance of normothermia, prevention and treatment of inadvertent perioperative hypothermia are considered standard of care.
- Every effort should be made to maintain perioperative normothermia, including increased use of warming methods and temperature monitoring.



From September 28th to 30th 2022, 600 perioperative nurses gathered in Santa Maria da Feira at the XX National Congress of AESOP - Association of Portuguese Operating Room Nurses, in its 36th year of its foundation. Together they were able to enjoy an exceptional scientific program and a panel of experts who addressed the most current topics in the nursing specialty and in the world we live in, guided by the ethical principles that govern the practice of these health professionals.



The meeting of the 6 Past Presidents of the AESOP who left us the testimony of the legacies of each mandate, including the testimony of Margaret Brett, 1st President EORNA (European Operating Room Nurses Association) and, as a final corollary, the

announcement of the creation of the “AESOP. Margaret Brett” Training Scholarship to support the specialized training of perioperative nurses in Port



7 Workshops, 6 Debate Panels with experts, 5 Conferences with national and European experts, 19 Free Communications and 27 E-Posters were presented and awarded, and a technical exhibition with 28 companies present. And the event was accredited by the National Board of Nursing (Ordem dos Enfermeiros), with 0,6 CDP.



SCIENTIFIC PROGRAM

WORKSHOPS

- BACK TO THE BASICS: GENERAL PRINCIPLES OF SURGICAL ASEPSIS
- MANAGEMENT OF COLONIZED/INFECTED PATIENTS WITH PROBLEMATIC MICRO-ORGANISMS IN PERIOPERATORY CONTEXT
- HOW TO MAKE AN E-POSTER
- SURGICAL POSITIONING
- EMERGENCY IN OR - DIFFICULT AIRWAY
- MANUAL SUTURES
- MECHANICAL SUTURE AND ENERGY

MAIN CONFERENCES

- MEETING WITH THE EXPERTS – THE GREEN OR
- SAFER NURSE STAFFING LEVELS IN THE PERIOPERATORY CONTEXT: WHAT ARE WE TALKING?
- ORGAN HARVESTING AND PERIOPERATIVE NURSING- ETHICS IN A BODY WITH HISTORY
- OPERATIONALIZATION OF CLINICAL RISK MANAGEMENT: HOW IS IT DONE?
- NEW MODELS OF CLINICAL APPROACH: HOW TO DO IT? ADVANCED NURSING OR ADVANCED PRACTICE?

DEBATE PANELS:

- I- WHAT IS THE IMPACT OF THE PERIOPERATORY ACTIVITY ON NATURE
- II- ORGAN HARVESTING AND PERIOPERATIVE NURSING – ETHICS IN A BODY WITH A HISTORY
- III- INFORMATION SYSTEMS IN PERIOPERATIVE NURSING – WHERE ARE WE AND WHERE ARE WE GOING? A CRITICAL ANALYSIS
- IV- CLINICAL SUPERVISION CULTURE IN PERIOPERATIVE NURSING PRACTICE: IS THIS THE STANDARD OF EXCELLENCE?
- V- MANAGEMENT OF PREVENTION OF SURGICAL SITE INFECTION: WHAT ROLE FOR SPECIALIST NURSES FOR PEOPLE IN PERIOPERATIVE SITUATION
- VI- PERIOPERATIVE NURSING OUTSIDE THE SURGICAL OR: WILL IT BE PRACTICED?

XX CONGRESSO NACIONAL AESOP



